

**CITATION FOR JOHN TROUSDALE  
VOLUNTEER OF THE YEAR 2010**

**John Trousdale has a strong sense of commitment to and concern for his community. As a volunteer, he has demonstrated this in countless ways over the past thirty-some years.**

**A graduate of Sydenham High, he has shown his loyalty to the school in his ongoing encouragement of the young people who attend it. Locally, he has always welcomed student work placements, and has quietly supported countless school projects in many ways.**

**In the broader educational community, he served for eleven years as a community representative on the Board of the Limestone Learning Foundation. This foundation helps support “creative, innovative, enhanced learning projects” in a variety of academic fields, serving over 20,000 children in Kingston, Frontenac and Lennox and Addington.**

**As a member of the Kingston General Hospital Board, John has served on the patient care and finance committees. Presently, he is a member of the advisory board for New Leaf Link, a local organization that supports the continuing education and meaningful occupation of youth and adults with developmental disabilities.**

**John grew up in Sydenham, and has lived here most of his life. Proud of his village, he continues to work hard to encourage a sense of community through his participation in the Canada Day committee, and his support of Southern Frontenac Community Services. He’s also a member of the cemetery committee, the Lions Club, and the Legion, as well as an active member of St Paul’s.**

**As a local business owner, John has, again quietly, pitched in in times of need and emergency, lending a hand to individuals and the community whenever it’s been needed, whether after hours, on weekends or holidays.**

**We wish to thank John Trousdale for his many contributions to this community by recognizing him as a Volunteer of the Year.**